

1-Month Checklist

One Month Before Moving Day

- Schedule estimates with at least 2 moving companies. If you are moving in the summer, you may wish to contact movers a few months in advance to ensure availability on your desired date
- Notify doctors, dentists, and other service providers
- Notify the post office
- Sort and discard, or donate unwanted items. Some organizations will even pick them up for you
- Confirm elevator, loading dock, and parking space reservations for move day at both origin and destination addresses
- Begin packing. Seal boxes with tape and mark large and legibly on at least 2 sides of each box

Two Weeks Before Moving Day

- Notify utility/service companies:
 - Telephone
 - Cell Phone
 - PG&E
 - Cable
 - Internet Provider
 - Water
 - Security/Alarm company
- Make arrangements for disassembly of difficult items (pool tables, swing sets, etc.)
- Make arrangements for parking permits, where applicable. This is especially important for residents of San Francisco. Check with GoPro first
- Arrange for time off from work to prepare for the move and to be present on move day

One Week Before Moving Day

- Confirm move date and time with your moving company 5–7 days prior to the move to ensure that all details are accurate for move day
- Remove fragile and loose items from drawers and pack carefully in small moving boxes
- Remove all permanently affixed items you wish to take from walls and ceilings (drapes, lighting fixtures, ceiling fans, etc.)

- ❑ Change address with all newspapers, magazines, and other periodicals to which you subscribe
- ❑ Alert family, friends of your new contact information

One Day Before Move Day

- ❑ Find furniture that is fragile by nature or has been weakened by previous damage and prepare to bring it to your crew's attention on move day
- ❑ Isolate checkbook, keys, passports, plane tickets, cash, credit cards and prescription medications. These should travel with you in your personal vehicle on move day
- ❑ Defrost, drain, wash, and dry refrigerators and freezers
- ❑ Drain gas and oil from lawn mowers, generators, etc.
- ❑ Disconnect propane tank from gas grill. Your movers will not be able to transport the tank on move day